



## Social Emotion Learning and Drama

*A creative approach to building school and life skills*

HTY is pleased to present you with this brief, creative activity to help your students exercise Social-Emotional Learning competencies.

### BE AN ALLY

**DESCRIPTION:** Two young people are on a video chat. You, the audience, are treated as a third character on that chat. When the chat gets a little uncomfortable, how might you respond if you were actually there?

**GRADE LEVEL FOCUS:** Grades 2-5

**SEL FOCUS:** Standard 4: Interpersonal Communication - NHES.4.5.3 Demonstrate nonviolent strategies to manage or resolve conflict.

**ACTIVITY:** After witnessing the video-chat of two friends, students discuss how they might have reacted if they had actually been in on the chat.

**TO PREPARE,** please:

- Preview the video before sharing it to best help you introduce the activity to your students.
- Inform students that they will be asked to imagine how they might have responded to the characters in the video if they had been a part of the video chat.



Three-minute activity