



Social Emotion Learning and Drama

A creative approach to building school and life skills

HTY is pleased to present you with this brief, creative activity to help your students exercise Social-Emotional Learning competencies.

THE CHOICEST OF CHOICES

DESCRIPTION: Nancy lets her friend Carlos borrow her phone charger anytime he wants. But when Carlos starts to take advantage of Nancy's generosity, Nancy has to decide what's the best way to let Carlos know that all of his borrowing is causing problems for her. Nancy imagines different ways to communicate the issue. Which is her best option?

GRADE LEVEL FOCUS: 3-5

SEL FOCUS: Decision-Making -- NHES.5.5.4 Predict the potential outcomes of each option when making a health-related decision; NHES.2.5.3 Identify how peers can influence healthy and unhealthy behaviors

ACTIVITY: Discussion

TO PREPARE, please:

- Preview the video before sharing it with your students to best help you introduce the activity.
- Let students know they will be encouraged to think carefully about the way the central character, Nancy, is deciding to deal with her problem. Students need to choose the best option and explain why they suggest that choice as the most effective.
- Feel free to replay any of the sections as needed.



Three and a half minute activity