



## Social Emotion Learning and Drama

*A creative approach to building school and life skills*

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HTY is pleased to present you with this brief, creative activity to help your students exercise Social-Emotional Learning competencies.

### EMPATHY BUSTERS

**DESCRIPTION:** Teaching artists Ms. Clara, Mr. Jonathan and Ms. Lily present the ‘Empathy Busters’ Game Show in which they dramatically show both appropriate and inappropriate reactions to different situations. Students are challenged to identify which show empathy and which are ‘empathy busters.’

**GRADE LEVEL FOCUS:** 3-6

**SEL FOCUS:** Empathy (Social Awareness)

NHES.4.5.1 Demonstrate effective verbal and nonverbal communication skills to enhance health.  
NHES.5.5.4 Predict the potential outcomes of each option when making a health-related decision.  
NHES.8.5.2 Encourage others to make positive health choices.

**ACTIVITY:** Identify which sentences do not show Empathy.

**TO PREPARE:**

- Preview the video before sharing it with your students to best help you introduce the activity.
- If necessary, define what ‘Empathy’ is.
- Tell students they will be challenged to identify which characters in the Game Show are being empathetic and which are not.



Four minute activity