



Social Emotion Learning and Drama

A creative approach to building school and life skills

HTY is pleased to present you with this brief, creative activity to help your students exercise Social-Emotional Learning competencies.

BRADDAH BUZZ AT THE EDGE

DESCRIPTION: A young surfer named Braddah Buzz faces an unexpected encounter as he catches an awesome wave. But can he control his emotional response to the encounter?

GRADE LEVEL FOCUS: 5-6

SEL FOCUS: Impulse Control (Self-Management)

NHES.1.5.1 Describe the relationship between healthy behaviors and personal health.

NHES.1.8.2 Describe the interrelationships of emotional, intellectual, physical, and social health in adolescence.

NHES.2.8.7 Explain how the perceptions of norms influence healthy and unhealthy behaviors

NHES.4.5.1 Demonstrate effective verbal and nonverbal communication skills to enhance health.

ACTIVITY: Writing in Character

TO PREPARE:

- Preview the video before sharing it with your students to best help you introduce the activity.
- Let students know they will be writing from the perspective of Braddah Buzz to help imagine how he could better manage his emotional impulses.
- Students will need paper and a writing utensil or a computer to create a new ending to the scene presented in the video.



2 ½ minute activity