



Social Emotion Learning and Drama

A creative approach to building school and life skills

HTY is pleased to present you with this brief, creative activity to help your students exercise Social-Emotional Learning competencies.

MEET YOUR GOALS

DESCRIPTION: In this imaginative game show, three young contestants (played by HTY teaching artists Ms. Clara, Mr. Jonathan and Ms. Lily) are challenged to complete a book report over a weekend. What obstacles do they face? Will they successfully set and meet their goal before Monday morning? Throughout, the video audience is invited to identify which character might succeed and how the contestants might overcome their personal obstacles.

AGE LEVEL FOCUS: 3-6

SEL FOCUS: Setting personal goals (Self-Management)

ACTIVITY: Defining obstacles to setting and meeting goals.

TO PREPARE:

- Preview the video before sharing it with your students to best help you introduce the activity.
- Tell students they will be invited to identify which characters in the MEET YOUR GOALS Game Show make positive choices that help them set and meet their goals.



Five and a half minute activity