



Social Emotion Learning and Drama

A creative approach to building school and life skills

HTY is pleased to present you with this brief, creative activity to help your students exercise Social-Emotional Learning competencies.

Rewind

DESCRIPTION: After a major rainstorm, three friends visit an overly flooded river. The friends dare each other to cross the turbulent waters. How does friendship influence healthy decision-making?

GRADE LEVEL FOCUS: 3-6

SEL FOCUS: Analyzing Influences/Decision-Making

Standard 2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.

Grades 3-5 NHES.2.5.3 Identify how peers can influence healthy and unhealthy behaviors.

NHES.5.5.4 Predict the potential outcomes of each option when making a health-related decision.

Grades 6-8 NHES.2.8.3 Describe how peers influence healthy and unhealthy behaviors.

NHES.5.8.5 Predict the potential short-term impact of each alternative on self and others.

ACTIVITY: Students watch how friends can have strong influence over each other. In a second viewing of the video, students stop the video to point out when best to deal with such peer-pressure.

TO PREPARE, please:

- Preview the video before sharing it with your students to best help you introduce the activity.
- Let students know they will be watch how friends can influence each other and to consider options for dealing with such peer-pressure.



Three minute video